



NEWS RELEASE

CONTACTS: Morro Bay Fire: 772 - 6242, South Bay Fire: 528 - 1053
Cayucos Fire: 995 - 3372, Cambria Fire: 927 - 6240

DATE: December 28, 2016

In the event of a disaster, did you ever wonder what you would actually do to take care of yourself and your family? Due to the overwhelming nature of a disaster and its impact on our limited local emergency services, first responders may not be available for up to 72 hours. Since emergency services will be tied-up with high level emergencies, this will leave the low-to-moderate level emergencies to be resolved by residents.

If you're interested in learning skills that will empower you and your family during a potential disaster and help make a difference, register for CERT Classes (Community Emergency Response Training). Classes start the week of January 9, 2017 and are held in evenings at your local fire station. Space is limited and sign-ups are on a first-come, first-served basis.

The CERT training is to provide a basic level of expertise in such areas of disaster preparedness, search and rescue procedures, terrorism, disaster medicine, firefighting, and many other related skills. Besides learning to help yourself, CERT training teaches you how to form into effective neighborhood teams, that can greatly assist your neighborhood in overcoming the emergency. In doing so, this training can provide individuals with a sense of self-reliance with an added bonus of neighbors helping neighbors, no matter how overwhelmed the emergency services system might be.

To register or for more information on specific dates for your area, please call your local fire department or email questions to: esterobaycert@gmail.com. This program is sponsored by South Bay, Morro Bay, Cayucos, Cambria Fire Departments and the Sheriff's Advisory Foundation.

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